



Arinna Weisman has been teaching meditation since 1989 in the tradition of Ruth Denison and Burmese master U Bha Khin. Her dharma practice and teaching have been infused with her political and environmental activism. She was the first out queer teacher with Eric Kolvig to lead insight meditation retreats for the Gay, Lesbian, Bisexual, Transgender, and Gender Queer community. She also leads 'Uncovering the Heart Retreats' integrating the practice of awareness of the social dynamics of inequity with the dharma practice of liberation.