

John Ambrosiano is a teacher with Los Alamos Dharma Friends, a dharma fellowship affiliated with the Unitarian Church of Los Alamos. John has been practicing since 2005. In 2008, he became a student of Matthew Flickstein, a Theravadan Buddhist teacher and student of Bhante Gunaratana. Following his teacher, he has recently focused on teachings that appear to be common to every wisdom tradition.