

THE SANTA FE VIPASSANA SANGHA WELCOMES
Arinna Weisman in Residency
November 7 – November 15, 2017

The Wisdom of Impermanence



The sangha is moving from its long-term home, Mountain Cloud Zen Center, to its new one, First Christian Church, during the week of Nov. 1. We are invited to grieve the change, open to new possibilities, and become willing to surrender into the truth of our own lives and their ending. The teaching of impermanence is a teaching of opening our hearts to the grace of life because we know each of us will die. These nine days will include gateways of awareness and friendship into the wisdom of impermanence.

TUESDAY, NOVEMBER 7

FIRST CHRISTIAN CHURCH
645 Webber Street, Santa Fe
6:15 pm – Meditation
7:00 pm - A Blessing Ceremony
(see reverse for more information)

WEDNESDAY, NOVEMBER 8

Group Discussion
7:00 pm – 8:30 pm
113 Camino Escondido, #4
All are welcome.

**FRIDAY, NOV. 10, MON., NOV. 13
WED., NOV. 15**

Personal Discussions
113 Camino Escondido, #4
10 am – 12 pm, 1 pm – 3 pm
These 50-minute individual meetings present an opportunity to explore any aspect of one's spiritual practice. Sign up on Tuesday nights or contact Barbara Schroder at:
barbaras@santafevipassana.org

SATURDAY, NOVEMBER 11

Daylong Retreat: The Joy of Renunciation
FIRST CHRISTIAN CHURCH
645 Webber Street, Santa Fe
9:30 am - 5:00 pm
Registration: 9:00 am
Cost: \$20 plus *dana*
Please bring a bag lunch
Sign up with Barbara at 505 780-8041 or
barbaras@santafevipassana.org

SUNDAY, NOVEMBER 12

4:00 pm High Tea with Arinna at Barbara's house: 127 Nine Mile Road. Contact Barbara for driving instructions at:
barbaras@santafevipassana.org

TUESDAY, NOVEMBER 14

FIRST CHRISTIAN CHURCH
645 Webber Street, Santa Fe
6:15 pm – Meditation
7:00 pm - Dharma Talk. (See reverse for description.)

FRAGRANCE REQUEST: To accommodate participants with allergies, asthma or chemical sensitivities, please do not wear scented personal care products to meditation sessions or Sangha events. Your thoughtfulness will make others' lives more healthful.

Tuesday, November 7

A Blessing Ceremony for the move to First Christian Church

Following the silent meditation from 6:15 to 7:00 pm, Arinna will lead the community in a blessing ceremony for our new space. You are invited to bring an object/objects with spiritual meaning for you to place on the altar for this ceremony. Some examples are: favorite statues of Buddha or Kwan Yin, flowers, precious stones, photos of spiritual teachers or ancestors.

Tuesday, November 14, Dharma Talk

The Buddha invited us to inquire into the dynamics of ownership and attachment and the suffering that results. This exploration will include the social, cultural and economic spaces we find ourselves living in and how to call in the beautiful qualities to live in peace and equity.

About Arinna Weisman

Arinna Weisman has studied insight meditation since 1979 and has been teaching since 1989. Her root teacher is Ruth Denison who was empowered by the great teacher U Bha Khin. She is the founding teacher of Insight Meditation Center of the Pioneer Valley. She is co-author of the book, [A Beginner's Guide to Insight Meditation](#) and a contributor to *Women Practicing Buddhism; American Experiences*, edited by Peter Gregory and Susanne Mrozik.

Her dharma practice and teaching have been infused with her political and environmental activism. She was the first out queer teacher with Eric Kolvig to lead insight meditation retreats for the Gay, Lesbian, Bisexual, Transgender, Gender Queer community. She also leads 'Uncovering the Heart Retreats' integrating the practice of awareness of the social dynamics of inequity with the dharma practice of liberation.

She can be reached through her website, www.arinaweisman.org or by email at arinaweisman@aol.com.