

## **Embodying Cultural Diversity: Dancing with the Basket of Virtue**

Our Sangha has been predominately white since it branched off from the Asian countries. This Dharma talk offers a path for deeper inquiry and greater insight into how we can embody cultural diversity. The Eight Noble Truths will guide us toward a healthier way of conducting ourselves in the arena of cultural diversity, taking a step toward healing racism. Emphasis will be given to the great Elders of right livelihood, right speech and right action.

Ralph Steele has been teaching meditation retreats since 1987. He was instrumental in establishing people-of-color retreats at Spirit Rock Meditation Center in Woodacre, CA, and Insight Meditation Society in Barre, MA. Ralph is a Vietnam veteran; he practiced, as an ordained monk, in the monasteries of Burma and Thailand with masters of Buddhist Psychology. He has also received extensive training from Tibetan, Zen, and Hindu meditation masters for over forty-five years. He is the guiding teacher for Life Transition Meditation Center. He is the author of ***Tending the Fire.***