

Mark Pugsley, PhD, LCSW, CSAT has been a licensed psychotherapist since 1996 with a specialty in Gestalt psychology and training in humanistic psychology, Jungian therapy, and somatic psychology. His specialties are in couples counseling, addiction counseling, sexual addiction and mindfulness-based trauma recovery.

Mark provides leadership/management coaching and team consulting that integrates the fields of psychology, organizational learning and systems theory.

Mark received a Master of Social Service from Bryn Mawr College Graduate School of Social Work and Research in 1997, graduated from the Gestalt Therapy Institute of Philadelphia in 2002, and received a doctorate from the University of New Mexico in Organizational Learning and Instructional Technology in 2010.

Mark has a 20-year mindfulness practice and gives talks on mindfulness practices and facilitates mindfulness workshops for couples, men, and those with sexual addiction.

Mark completed the Community Dharma Leadership program and regularly teaches at the Albuquerque Insight Meditation Center.