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Santa Fe Vipassana Sangha
P.O. Box 4363
Santa Fe, NM 87502

Address correction requested

Santa Fe
Vipassana
Sangha
Presents

**Samatha-
Vipassana/
Concentration-
Insight**

**January 2012
Vipassana
Retreat**

Taught By
Marcia Rose

**January 13-22, 2012
at the
Sangre de Cristo
Center**

The Santa Fe Vipassana
Sangha supports diversity in
our community and at our
retreats. All people are
welcome. We will attempt to
accommodate any physical
limitations.

www.santafevipassana.org

Marcia Rose

Marcia Rose is the founding and guiding teacher of The Mountain Hermitage and founding teacher of Taos Mountain Sangha. She has been studying and practicing Buddhist teachings and meditation with Asian and Western teachers since 1970, primarily in the Theravada-Vipassana (Path of the Elders) tradition. Her own teaching reflects a clear influence from the Burmese Mahasi Vipassana and the Pa-Auk Forest Monastery lineages. She has also studied and practiced in the Dzogchen Tibetan Buddhist tradition with Tulku Ugyen Rinpoche, Nyoshul Khen Rinpoche and Tsoknyi Rinpoche. Marcia was resident teacher for staff at the Insight Meditation Society (IMS) in Barre, MA from 1991-1995. She has been one of the teachers for the annual three-month retreat at IMS and is currently a visiting teacher at the Forest Refuge in Barre, MA. Marcia also teaches Vipassana and Metta retreats in other US and international venues and is dedicated to offering these ancient and timeless teachings in ways that make them accessible and authentic for contemporary culture.

The Retreat

We will begin this 9 day retreat for experienced Dhamma students with the teachings and practice of Samatha/Concentration as it is taught by Venerable Pa Auk Sayadaw of Burma. After some days of developing and deepening concentration we will move into the teachings and practice of Vipassana/Insight...seeing and knowing things as they truly are through the development of a clear and precise mindful attention to body-mind phenomena. The retreat will include sitting and walking meditation with instructions, evening Dhamma talks and small group and individual practice interviews with the teacher.

***This retreat is for experienced Dhamma students who have sat
at least two retreats of seven or more days.***

Sangre de Cristo Center

The Sangre de Cristo Center located 12 miles northeast of Santa Fe is a facility of the De La Salle Christian Brothers nestled in the foothills of the Sangre de Cristo Mountains. The 700 acre center is secluded, quiet and lends itself to the practice of silent meditation.

The residential space at the Sangre de Cristo Center is private rooms with shared bathrooms. Meals will be simple and vegetarian.

Dana

Dana, an ancient Pali word meaning generosity, giving or gift, is central to the 2600 year old tradition of Buddhism. The teachings of the Buddha have been offered freely since the time of the Buddha. There is no way to put a price on the teachings of the truth as they are valuable beyond any fee one could set.

The retreat fee covers only basic expenses and operating costs. The teacher offers the Buddhadhamma without any set fee or payment and is totally dependent on Dana—on the generosity of her students and benefactors—for the support of her daily life needs. There will be an opportunity for Yogis to generously offer their teachers recompense for their teachings at the retreat's end.

Fee

The fee includes a single room and all meals. To accommodate more people our Sangha sets a fee range from which you may choose a fee according to your means. Because of a generous donation from a Sangha member, we are able to further reduce our fees below the actual cost. For this retreat the fee range is \$500—\$800. The actual cost to the Sangha is estimated to be \$759. A \$200 deposit reserves your place in the retreat. The deposit is non-refundable after December 1. There are a limited number of partial scholarships and deferred payment plans available. For information on scholarships and deferred payment plans, contact Rosemary McKittrick—her contact info is on the Registration Form.

There will be no provisions for part-time or non-residential attendees.

We ask that you please refrain from wearing fragrances or scented personal care products at the retreat for the sake of those with allergies and chemical sensitivities.

Registration Form

Please complete this form and mail it with your \$200 deposit to Santa Fe Vipassana Sangha, c/o Rosemary McKittrick, 40 Calle Debra, Santa Fe, NM 87507. For more info, contact Rosemary at rosemarymckittrick@comcast.net or by phone at 505-989-7210. You will receive written confirmation and further information by mail or email.

Name _____

Address _____

City _____ State _____ Zip _____

Phone (home) _____

E-mail _____

Total Retreat Fee you will pay \$ _____

*Donation to Scholarship Fund \$ _____

Deposit Amount (minimum \$200) \$ _____

Total amount enclosed \$ _____

(Must be at least \$200.)

Special Needs (e.g., disabilities or serious food allergies)

If you have food allergies, please tell us what we may substitute for you.

Please list at least two retreats that you have attended that were 7 days or longer.

Retreat Description

Dates

Teacher

**Donations to the scholarship fund are tax-deductible and help support those who otherwise would be unable to attend.*