

Apples and Bricks? Some Differences between Buddhism and Psychotherapy.

These questions are intended to help you review and understand Ken Mcleod's perspective that he presents in this essay. We will briefly go over them at the study group Wednesday night (April 13). This initial understanding of Ken Mcleod's perspective will help us take the next step as a group and explore our own perspectives on this subject.

1. What are the three areas that this essay focuses on? P. 29
2. What is the intention of Buddhist practice? P.30-31 & p.42-43
3. What is the intention of psychotherapy? P.31 & p.43
4. What are the three kinds of suffering in traditional Buddhism? P.31
5. What does he say about how psychotherapy classifies suffering? P.31-32
6. What is the objective of Buddhist practice? P.32-33
7. What does he say about the objective of psychotherapy? P.33
8. What does Ken Mcleod point out about the difference in focus between Buddhist practice and psychotherapy? P.33-34
9. What are the reasons that Ken Mcleod gives for the arising of such problems that he describes on page 35? P.36
10. Describe the differences between a membership culture and an individual culture. P.34-42
11. Describe the kinds of tensions and difficulties that arise around such differences. P.35-42
12. How does Ken Mcleod summarize this essay on pages 43 & 44?